

MORNING ASSEMBLY OF CLASS III D (05.10.2018)

On 5th October 2018, Class 3D presented the morning assembly on the theme
“Healthy Mind in a Healthy Body”.



The students of the class began with the routine prayer and the thought of the day. It was followed by a dance telling about the importance of fruits and vegetables as well as a rhyme on avoiding junk food. After that students spoke various quotations related to the theme.



Each of them was well supported by various banners and props. Laughter therapy was also practiced. At last, some healthy tips to be followed for good health was spoken to make the audience aware. The students were very excited while performing on the stage. It was well synchronized by giving the message that:

‘A SOUND MIND IN A SOUND BODY IS A THING TO BE PRAYED FOR’