



MAHARAJA AGARSAIN PUBLIC SCHOOL

a Cambridge International School

Ashok Vihar, Ph-IV, Delhi



CLASS – XI SUBJECT – HOME SCIENCE

TERM – I (APRIL TO SEPTEMBER)

TERM - I		
DURATION	TOPICS COVERED	
APRIL-MAY	L-1 Introduction - Evolution of discipline and its relevance to the quality of life L-2 Understanding the self L-9 Relationships and interactions with “significant others”	
JULY	TOPICS COVERED L- 3 Foods, nutrition, health and fitness of life L- 11 Survival, growth and development L-12 Nutrition ,health and well being L- 15 Health and wellness	
AUG.- SEPT.	L- 6 Media and communication technology L- 7 Effective Communication Skills L- 18 Perspectives in communication L-8 Living and working in a global Society	Unit test – I (Max. Marks – 25) (Topics Tested Through Unit Test) L- 1,2
OCT. (1 ST Fortnight)	HALF YEARLY (Total Syllabus covered during the TERM - I) L-1,2,3,6,7,8,9,11,12,15,18	

TERM –II (OCTOBER TO MARCH)

TERM - II		
DURATION	TOPICS COVERED	
OCT.- NOV.	L- 5 Fabric around us L-13 Care and education L-14 Our Apparel L-17 Care and maintenance of fabrics	
DEC.- JAN.	L- 4 Management of resources L-16 Financial Management and planning L-10 Concerns and needs in diverse contexts L-19 Individual rights and responsibilities	Unit test – II (Max. Marks – 25) (Topics Tested (Through Unit Test) L- 5,14
FEB.	ANNUAL EXAMINATIONS (Total Syllabus covered during the Year) L- 1 to 19	

*** Celebrating 40 Years ***