

CLASS – XI SUBJECT – PHYSICAL EDUCATION

TERM – I (APRIL TO SEPTEMBER)

TERM - I	
DURATION	TOPICS COVERED
APRIL-MAY	Chapter 1,2,
JULY	TOPICS COVERED Chapter 3,4.
AUG.- SEPT.	Chapter 5,6 Unit test – I (Max. Marks – 25) (Topics Tested Through Unit Test) Chapter 1,2,
OCT. (1ST Fortnight)	HALF YEARLY (Total Syllabus covered during the TERM - I) Chapter 1,2,3,4,5,6.

TERM –II (OCTOBER TO MARCH)

TERM - II	
DURATION	TOPICS COVERED
OCT.- NOV.	Chapter 7,8,9.
DEC.- JAN.	Chapter 10,11,12. Unit test – II (Max. Marks – 25) (Topics Tested (Through Unit Test) Chapter 7,8,9.
FEB.	ANNUAL EXAMINATIONS (Total Syllabus covered during the Year) Chapter 1,2,3,4,5,6,7,8,9,10,11,12.