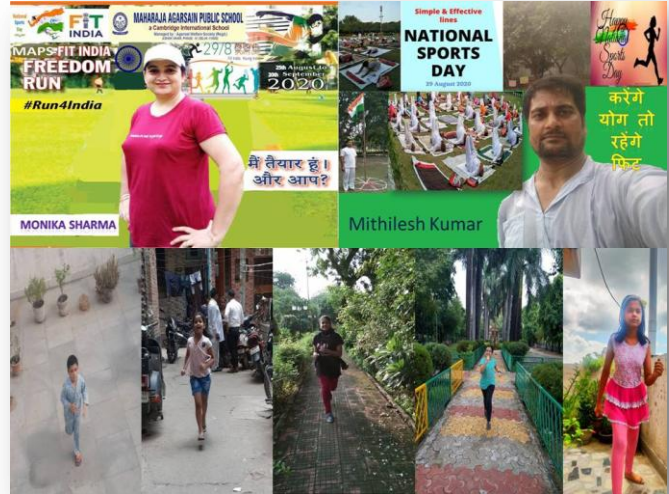


FIT INDIA MOVEMENT

FIT INDIA Fit India Movement conducted *Fit India Freedom Run* from 15th August - 2nd October 2020 to encourage fitness and help us all to get freedom from obesity, laziness, stress, anxiety, diseases etc. The concept behind this run is that "It can be run anywhere,



anytime!". We at MAPS, would like to thank the authorities for giving us this opportunity to conduct Fit India Run Program in school. It was organised from 25.8.2020 - 20.9.2020 from classes III - XII. All Agrasanians, their parents and the staff members whole heartedly participated in **MAPS FIT INDIA FREEDOM RUN**. As per the program, the participants were supposed to run/ jog / walk daily for physical fitness and organisers had to register their runs/marathons on Fit India portal. Posters and banners were also designed virtually to encourage everyone and keep their spirits high. Our physical education teacher Ms. Monika Sharma and Mr Mithilesh from the Computer department played a very crucial role in making this program a success. We have successfully uploaded the data in FIT INDIA PORTAL with total of 1285 participants from Maharaja Agarsain Public School, Ashok Vihar Phase 4. The organisers and the participants have received their e-certificates for their efforts and contribution.



Rightly said by our Prime Minister Shri Narendra Modi-
'A family that plays together, stays TOGETHER'.
