

VEGGIE DELIGHT RACE

PRE PRIMARY

24.09.2019



'Don't focus on how much you eat. Focus on what you eat.' Like fruits, vegetables are also a great source of essential nutrients that the child needs for development. To strengthen the concept of eating healthy food especially vegetables in diet, a race 'Veggie Delight' was organized for the students of Pre Primary where students had to sort vegetables only. It was observed that the students clearly followed the instructions and participated in the race with full enthusiasm.