



MAHARAJA AGARSAIN PUBLIC SCHOOL

a Cambridge International School

Ashok Vihar, Phase-IV, Delhi-110052

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“People who love to eat are always the best people. To eat is a necessity, but to eat intelligently is an art.”

Integrating the art of cooking along with reading was a great exposure. Keeping in mind the same, an activity was conducted in which Pre-school students prepared fireless dish with the help of parents and shared their experience in class. Pre-primary students prepared a list of ingredients used in their fireless dish.

Few recipes of fireless cooking were also shared with class 1 and 2 students. Our little Agrasians read the recipe and cooked delicious snacks. They wrote their recipes and read it out in an interesting way. They presented their recipes in a creative manner. Overall, all the students enjoyed the activity a lot.



BANANA and DATES
Smoothy
 with apple

Ingredients

- Banana - 1
- Dates - 3-4
- Milk - 1 cup

for Decoration

- Fine chopped apple - 2 table spoon
- Tooty tooty - 1 table spoon

Method

- Take a peeled Banana and grind it then add Dates and grind again then add milk and grind for 1 m
- Take a glass put some apple and tooty tooty in with and pour the S
- Decorate it with tooty tooty and apple

