



MAHARAJA AGARSAIN PUBLIC SCHOOL

ASHOK VIHAR, PH-IV, DELHI

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MAPS/NURS/2016/6

Dear Parents,

Good health is the real wealth, so with the aim of developing healthy eating habits in students, we have organized

"HEALTHY BITES" Competition for Pre Primary classes

on 26th August 2016. Each child's participation will be

appreciated. Following points should be noted for participation :

1. Child has to prepare any 1 dish by using sprouts in approximately 1 hour.
2. He /she can add fruits, vegetables etc in the dish to make it more tasty and healthy .
3. He/she has to bring all the ingredients and presentation material like tray, napkin, spoon, fork etc from home.

Judgement will be done on the basis of presentation, neatness , ingredients used and the taste of the dish.

Thanks & Regards
Class Teacher