

MORNING ASSEMBLY CLASS- 1A (09-8-19)

HEALTH IS WEALTH



Modern life is full of work and personal commitments. People work very hard to earn money in the age of tough competition and neglect their health. It is a huge mistake because once you fall ill; it is not possible to work with the same focus and dedication. These are much more reasons why health is the new wealth in present time.

With this motto in mind a Morning Assembly was conducted by class I-A. The students began with the prayer, thought of the day which was followed by dance as a little warm up exercise.



After that students spoke about the healthy habits that they do in school and classroom. It acted as a motivation for other students present to watch the assembly. Each child had a banners or props. This was followed by a poem which inspired the children to have healthy food to stay healthy. The students were excited while performing. It was well synchronized and giving the message that:

‘Good health gives happiness; happiness is the greatest wealth’